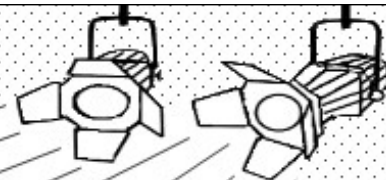


# Macon County

## November-December 2022

# HCE HIGHLIGHTS



"Enhancing the lives of individuals and families through quality educational programs and experiences, encouraging responsible leadership and service to the community."



## Wishing you all a Happy Thanksgiving, Merry Christmas and Happy New Year



### REMINDER!

The Friendship Project Fund (formerly Pennies for Friendship) is now due. Please mail the check for your unit's collection to Sally Dennis as soon as possible. The check should be made to MCHCE. Thank you!

### Volunteer Hours

Volunteer hours are due to Karen Cahill by the end of December. Please feel free to cut the "Individual Volunteer Hours record Sheet" from the back cover to keep track of your hours.

### Our Leading Ladies of Illinois

*(left to right)*

Elizabeth Winter-Bonnie Lanham

Jane Addams-Sally Dennis

Francis Willard-Mary Ann Platt

Clara Brian /Mrs. Spencer Ewing-Georgette Merrifield

Elsie Weiss-Lyn Stevens

Betty White-Sandy Severe

Narrator-Carol Ropp



### REMINDER!!

Fall Meeting  
Wed., October 26  
9 am-2 pm

### Inside This Issue

- Upcoming Events
- Laughter is Good for the Soul
- Great Recipes
- Meeting Minutes
- Unit News
- Officer Reports
- Volunteer Hours

### REMINDER!!

Deadline for dues  
is November 1!!

## Upcoming Events

### Wednesday, September 7

Decorate for Christmas

9:30 - 11:00 am

Macon County Extension Office  
Clover Room

### Monday, September 12

HCE Board Meeting

10:00 am

Macon County Extension Office  
Clover Room

### Tuesday, September 20

Set Up for International Day

1:00 pm

Macon County Extension Office  
Illini Room

### Wednesday, September 21

International Day - Italy

9:00 am - 2:00 pm

Macon County Extension Office  
Illini Room

### Monday, September 26

Pillowcase Sewing Day

9:30 am - 3:30 pm

Macon County Extension Office  
Clover Room

### Monday, October 3

*RSVP for all Lessons and  
Lunches*

Tri-County Meeting

9:30 am - 1:00 pm

DeWitt County Extension Office

### Monday, October 10

HCE Board Meeting

10:00 am

Macon County Extension Office  
Clover Room

*Newsletter items due to Linda*

*Austin @*

*lindaaustin48@gmail.com*

### August 10 - 14

HCE Week

### Wednesday, October 19

RSVP to Sally Dennis for Fall  
Meeting

### Tuesday, October 25

Set Up for Fall Meeting

1:00 pm

Macon County Extension Office  
Illini Room

### Wednesday, October 26

Fall Meeting

9:00 am - 2:00 pm

Macon County Extension Office  
Illini and Clover Rooms  
*50/50 to the Operation Enduring  
Support*



# Laughter is Good for the Soul

Sally Dennis sent this to me because I asked for "clean" jokes for the newsletter. Good job, Sally!

A little boy fell into a mud puddle! (She just had to be silly to give thanks to the welcome rain!)

As I look through my many resources for this article, I try to find things that I can relate to. I found a bunch this time! Indulge me, please!! Linda

As I watch this generation try and rewrite our history, one thing I am sure of.....it will be misspelled and have no punctuation! (Former teachers will know what I am talking about!)

I am sorry that I have not got much done today, but I have been at the store in the produce department trying to open the stupid plastic bag! (I learned a trick during Covid because I always licked my fingers to open that stupid bag, and that really wasn't a good idea during the virus. So, I put my fingers on the freshly washed produce and got the moisture I needed to open that stupid bag! I still do that!!)

I am on two diets. I wasn't getting enough on one! (I wonder why I can't lose weight! Hmmmm.....)

My mind is like an internet browser. I have at least 15 tabs open, 3 of them are frozen, and I have no clue where the music is coming from!

(I live with this every day. I start something and I may get back to it eventually that day, but.....probably not!!)

## Great Recipes

### Zucchini Bread

Bonnie Lanham

Bonnie says that she hopes everyone enjoys this recipe. It is the only recipe that she likes for zucchini bread!!!!

- In a bowl, place 3 eggs, 2 cups sugar, 1 cup vegetable oil and 1 tablespoon of vanilla. Beat till thick and lemon colored.
- Stir in 2 cups of grated, loosely packed zucchini.
- In another bowl, place 2 cups of flour, 1 tablespoon of cinnamon, 2 teaspoons baking soda, 1 teaspoon salt, and 1/4 teaspoon of baking powder.
- Mix the contents of both bowls together. Pour the mixture into 2 oiled and floured loaf pans.
- Bake at 350 degrees for 45 minutes to 1 hour. You may want to add 1 cup of chopped walnuts to the batter before pouring the batter into the pans.

In keeping with the theme of Italy for International Day, I discovered a recipe from Johnson County that sounds delicious! Italy is well known for lemons. So, here is the recipe for lemon yogurt bread.

### Lemon Yogurt Bread Loaf

1 c. plain yogurt  
1 c. sugar  
3 eggs  
1/2 tsp. vanilla  
1/2 c. oil

Preheat oven to 350 degrees. Grease a loaf pan or a small bundt pan.

In a medium bowl, place yogurt, sugar, vanilla, oil and eggs and whisk. Slowly add the following ingredients: 1 1/2 c. flour, 2 tsp. baking powder, and 1/2 tsp. salt. Mix well using a mixer. Pour into a prepared pan and bake about 50 minutes for the loaf pan and about 35 minutes for the bundt pan. While this is baking, cook 1/3 c. lemon juice with 1/3 c. sugar in a saucepan till the sugar dissolves and the mixture is clear, set aside. When the loaf comes out of the oven, cool for 10 minutes. Pour the cooked lemon mixture over the bread and allow it to soak in.

When the loaf is cooled, remove it from the pan. You may also want to glaze it with a mixture of 1 cup powdered sugar combined with 2 tbsp. of lemon juice. Yummy!!! Enjoy!!!

## Beautiful Butterfly

At the Spring Meeting, someone left a beautiful yellow butterfly with green and pink polka dots. If this belongs to you, please let Bonnie Lanham know at 217-428-7404. Thank you!!



# **Macon County Home & Community Education Board Meeting**

Elaine Hamm  
August 8, 2022

**CALL TO ORDER:** Bonnie Lanham

**PLEDGE OF ALLEGIANCE:** Bonnie Lanham

**HOMEMAKERS' AIM:** Bonnie Lanham

**JOKE AND THOUGHT FOR THE DAY:** Bonnie Lanham

**ROLL CALL:** Elaine Hamm

Units represented: Hickory Point; Patchwork; Oakley-Pleasant Grove; Maple Grove; Mt. Zion; Rock Springs

Total in attendance: 9 (Linda Austin, Karen Cahill, Sally Dennis, Karen Halicki, Elaine Hamm, Bonnie Lanham, Cheryl Sample, Sandy Severe, Vickie Wooten)

**SECRETARY:** Minutes of the July 11, 2022 Board meeting were reviewed by all present. Cheryl Sample moved to approve the minutes as corrected, and Sandy Severe seconded the motion. Motion carried.

**TREASURER:** Sally Dennis reported a bank balance of \$3,566.81. Each Board member received a copy of the up-to-date budget spreadsheet. The treasurer's report was filed for audit.

**CORRESPONDENCE:** Thank you notes were passed around from 4-H award recipients, Morgan Diozs and Claire Reedy. Also shared was the Northeast Community Fund newsletter.

## **OFFICERS' REPORTS:**

**President:** Bonnie advised that in the future all seasonal fabric we receive will be donated to a local thrift shop. The Rock Springs unit will assist with preparing the newsletters for mailing. Bonnie reported that Doug Harlan, U of I Extension Director, has left his position to pursue something different. In the interim, Piatt County will be handling his former responsibilities.

**1st Vice President:** Sandy Severe reminded everyone of the August 10 IAHCE District 3 meeting, August 17 Five Flavors lesson, and August 27 craft day.

**2nd Vice President:** Lyn Stevens - absent

**Community & Family Issues & CVH:** Mary Ann Platt - absent

**Cultural Enrichment:** Cheryl Sample reported attending the Blue Mound Fall Festival and noted that Roberta Gorden served as Grand Marshal in that community's parade.

**Historian:** Carol Ropp - absent

**International:** Vickie Wooten – The menu for International Day will be parmesan chicken, linguine with garlic cream sauce, Greek salad, focaccia bread and tiramisu.

**Public Relations:** Linda Austin – Newsletter articles are due today. Linda will include facts on Italy, lemon recipes, 2022 new members, and the cultural arts show category list.

**Extension Program Coordinator:** Beth Miglin - absent

**Unfinished Business:** We were reminded to be at the August 10 District 3 meeting in Springfield by 8:30 a.m., as our county is in charge of registration. Set up for the August 27 Craft Day will be at 1 p.m. on August 26. There was discussion about rescheduling the ice cream social. Karen Cahill suggested serving the ice cream at lunch on the final day of HCE Week.

**New Business:** Karen Cahill reported that Jamye Sims, who is our fall meeting speaker, will make balloon decorations. Also, cutting day for pillowcase sewing will begin at 9 a.m. on August 31. A member is needed to share the Community and Family Issues position with Mary Ann Platt. Voting on the 2023 program suggestions needs to be completed and turned in to unit presidents or the Extension office by October 14.

Meeting adjourned at 11:55 a.m.

# Macon County Home & Community Education Board Meeting

Elaine Hamm  
September 12, 2022

**CALL TO ORDER:** Bonnie Lanham

**PLEDGE OF ALLEGIANCE:** Bonnie Lanham

**HOMEMAKERS' AIM:** Bonnie Lanham

**JOKE:** Bonnie Lanham

**ROLL CALL:** Elaine Hamm

Units represented: Hickory Point; Pana; Patchwork; Oakley-Pleasant Grove; Maple Grove; Mt. Zion; Rock Springs

Total in attendance: 15 (Linda Austin, Karen Cahill, Sally Dennis, Carol Flitz, Karen Halicki, Elaine Hamm, Bonnie Lanham, Linda Long – DeWitt County, Georgette Merrifield, Beth Miglin, Lois Miller, Mary Ann Platt, Cheryl Sample, Sandy Severe, Lyn Stevens)

**SECRETARY:** Minutes of the August 8, 2022 Board meeting were reviewed by all present. Linda Austin moved to approve the minutes as corrected, and Lois Miller seconded the motion. Motion carried.

**TREASURER:** Sally Dennis reported a bank balance of \$4,129.88. Each Board member received a copy of the up-to-date budget spreadsheet. The treasurer's report was filed for audit.

**CORRESPONDENCE:** A thank you note was passed around from Caitlin Mellendorf for the donation to the deer processing program.

## **OFFICERS' REPORTS:**

**President:** There was discussion about the lunch menus for HCE Week. For October 11, it was decided that Karen Cahill will make vegetable soup, and Karen Halicki will furnish oyster crackers. Bonnie Lanham will bring turkey and cheese and ham and cheese sliders. Mary Ann Platt will make two pans of brownies – one with nuts and one without nuts. The October 14 lunch will be a baked potato bar along with ice cream and toppings from the cancelled ice cream social. Donations will be accepted for the lunches.

**1st Vice President:** Sandy Severe reminded everyone of pillowcase sewing day on September 26 and the salad lunch signup. The Tri-County Board meeting will be in Clinton on October 3. HCE Week will be October 10-11 and 13-14.

**2nd Vice President:** Lyn Stevens voiced a need for ideas to increase membership. Karen Halicki suggested partnering with local libraries.

**Community & Family Issues & CVH:** Mary Ann Platt still needs a co-person to assist her in her role. She reported 97 pillowcases, 17 hearts and approximately 50 lbs. of pop tabs have been taken to Ronald McDonald House recently.

**Cultural Enrichment:** Cheryl Sample led discussion about the submission of craft items at the fall meeting. Lyn Stevens moved that any item made in 2021 can be resubmitted at the fall meeting in 2022. Mary Ann Platt seconded the motion, which carried. Cheryl will let the 2021 winners know their item(s) can be resubmitted.

**Historian:** Carol Ropp is absent, but Bonnie passed around the Leading Ladies of Illinois summary. Selections were made for the HCE week presentation, as follows: Elizabeth Winters (Bonnie Lanham); Jane Adams (Sally Dennis); Frances Willard (Mary Ann Platt); Clara Brian (Georgette Merrifield); Elsie Mies (Lyn Stevens) and Betty White (Sandy Severe).

**International:** Lois Miller – Set up for International Day will be at 1 p.m. on September 20. The 50/50 drawing proceeds will be given to 4-H. Bonnie outlined the schedule for International Day.

**Public Relations:** Linda Austin – HCE week details will be printed in The Decatur Tribune. For the newsletter, Linda reminded us that book reviews are needed.

**Extension Program Coordinator:** Beth Miglin reported that Jamie Boas, 4-H Youth Development Program Coordinator, is now serving as Interim County Director. Doug Harlan is now Assistant Director of Region 3. Beth noted that postcards will be mailed today for the Tri-County Board meeting from 9:30 a.m. – 1 p.m. on October 3 at the DeWitt County Extension office in Clinton. Karen Cahill asked Beth to add the Tri-County fundraiser to that day's agenda.

**Unfinished Business:** Positive feedback was received from Craft Day attendees. Seventeen women participated.

**New Business:** Karen Cahill moved that we, as the Macon County Board, nominate Karen Halicki as IAHCE Member of the Year. Sally Dennis seconded. Motion carried. Karen Cahill asked every Board member to read and summarize at our October Board meeting their respective packet from the District 3 workshops. Gini Smith will present a "Decorate for Christmas" lesson in 2023.

Meeting adjourned at 12:15 p.m.

## Unit News

### Center Unit

Mary Lou Poor

We met on September 12, 2022 with 11 members present. The tables were decorated with fall leaves and a delicious chicken salad on a croissant roll and apple cake was served. The roll call was memories of your first day of school. There were a lot of stories and much laughter. Two members of our unit, Ann Bandy and Joelynda Conrad, entered their baking talents ,crafts, and paintings at the Pana Tri County Fair. Congratulations to them as several Blue Ribbons were received on their projects! We all enjoyed the meeting . We caught up on the summer events too.

There were 9 members present for our unit meeting on October 3, 2022. The tables were beautifully decorated with pumpkins and gourds. Delicious apple cider, pumpkin bars, and an apple cake were served. Each member took home a decorated white pumpkin and a bag full of trick or treat candy. Our members voted to bring packs of snacks for the First Responders of Taylorville at our November 7, 2022 meeting. Our sympathy goes out to the family of Bill Turner, husband and brother of Sharon Turner and Delores Hunt. Both are members of our Center HCE.

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### Hickory Point

Louise Wickline

We met on September 20th at the home of our President, Elaine Hamm. We were very happy to be together after missing our last meeting. We had 4 guests and enjoyed being with them and getting acquainted. We are hoping that they will soon be added to our membership list.

Several members were planning to attend International Day. Marge Kaufman gave a lesson about lemons and their many, many uses besides a delicious summer drink. We enjoyed more conversations as we had our treat of home baked cookies and a cold drink served by Gigi Langhauser and Elaine

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### International

Vickie Wooten

Our International Day was held on September 21st. About 50 ladies from our three counties came. We listened to several speakers who gave short talks about various topics about Italy. We also got to enjoy two short movies about Rome and Venice. We enjoyed a cooking lesson after eating our Italian meal served by Richland's Culinary School. I hope everyone got to take home some new facts that they learned about Italy, our country of study for 2022. Next year, we will study Egypt.

Thanks to everyone who helped in any way to make this day a success!

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### Maple Grove

Carol Ropp

We welcome four new members! Karen Seefeldt is a retired teacher who taught at Warrensburg-Latham Elementary School. Judy Tilton is a retired teacher who taught in Mt. Zion. Linda Zinn is a retired teacher who was a teacher and principal in Decatur. Toni Strait just joined during HCE week and she also was a teacher in the New Lenox area.

Wilma Gepford joined Maple Grove "Home Bureau" in 1952. We honored for her nearly 70 years of membership earlier this year. Wilma passed away on October 1st and will be truly missed.

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### Mt. Zion

Barb Brandt

Our August meeting was held August 24th at the Lady of the Holy Spirit Church in Mt. Zion. Nine members attended and filled out forms for HCE lesson choices for 2023. We received two thank you notes from 4-H members for our donation. We also made a schedule of meeting places for the next four months of the year. Refreshments were provided by Vickie Wooten. Our next meeting will be September 28th.

We met on September 28th. We had lunch at Las Margaritas in Mt. Zion. Seven members attended. The lunch was delicious.

We signed two Thinking About You cards to previous members. We voted to send a \$25.00 donation to 4-H members. Remember to pay for the Fall Meeting and dues for HCE (\$18.00) by November 1st.

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### Patchwork

Karen Halicki

We have been meeting at Crawford's in Maroa. We enjoy visiting with each other. We talk about the lessons and upcoming events.

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### Rock Springs

Lois Miller

The September 9th meeting of our unit was held at the Bethany Cafe. Six members were present. Before we had our meeting with lunch, we toured Okaw Valley Orchard. We were the first tour group to arrive and we received a warm welcome and a very in-depth explanation of the workings of an apple orchard. After learning about the several steps of picking, sorting, and separating the good from the bad apples, we learned about making cider. We then shopped in the gift shop and enjoyed delicious pumpkin donuts and apple cider slushies, compliments of the owners. After the apple orchard tour, we then went to the Bethany Cafe for our lunch and meeting. We discussed the International Day meeting, and HCE week, October 10th to October 14.

Our next meeting will be held at Pop's Place on West Main on October 12th at 11:00.



## **Officer's Reports**

### **President**

Bonnie Lanham

Well, here it is! It's almost the end of the year—can you believe it? I hope everyone enjoyed HCE week—the lessons, food and just being together! I think we had some very interesting lessons and some very good food!

We will be tabulating votes for next year's lessons and will have new program books before the end of the year, be "the good Lord willing and the creeks don't rise!" As always, call me with ANY concerns that you have. I will help in any way possible to solve the problem. As ALWAYS, the calls remain confidential. Thank you for all you do whether it is holding a county office, teaching a lesson, helping with set-ups or tear-downs, or just being a member of HCE—you are important!

### **First Vice President**

Sandy Severe

Happy Halloween! Looks like fall has finally arrived with the leaves turning beautiful and the chilly weather.

I hope those who signed up for HCE week lessons enjoyed them. I know that I did.

The Fall Meeting will be October 26 from 9 to 2. Make sure you RSVP by October 18 with your payment of \$15.00 for the lunch. The deadline for membership dues is November 1, 2022. Send your \$18.00 check made payable to MCHCE to Sally Dennis, our treasurer.

The Board will be meeting later this month to set up lessons for the next year. I hope you have sent in your survey so your vote can be counted.

November events are: November 16, 9:30-11:00, "Trail of Tears", presented by Don Chamberlain. Lunch will be served. At 1:00, the "Tour of the States" will be presented by Georgette Merrifield.

The December 7th lesson will be "Living in a Digital World" presented by Toby Tobias.

Please sign up to come to these wonderful lessons. You'll be glad you did!

### **Second Vice President**

Lyn Stevens

This year, 2022, has been a very good year for new members joining the Macon County HCE. We gained a total of 18 new members.

Sadly, we lost two longtime members in October. Wilma Gepford of the Maple Grove unit passed away on October 1st. She joined HCE in 1952. Pauline O'Dell of the Rock Springs unit passed away on October 5th. She joined HCE in 1977. These two ladies will be greatly missed.

Now, I want to turn your attention to the subject of the 2023 dues. You can find information in the purple Macon County program book on the November page. I cannot stress enough the IMPORTANCE of getting your dues paid in a timely manner. A check for \$18 made out to MCHCE needs to be MAILED TO SALLY DENNIS AT 7562 Bonnie Road, Dalton City, Illinois 61925. Sally needs to have your check by NOVEMBER 1st. The officers then have only two months to update the Treasure's records, then the 2nd Vice President's records and, finally, get all of the information in the mail to the state HCE office. Unfortunately, anyone who hasn't paid when I fill out the form for the state will have their membership dropped. You can still pay later and continue to be a part of HCE, but your years of service will begin at zero again.

### **Cultural Enrichment**

Cheryl Sample

Fall is here! I am enjoying this nice cool, crisp, weather. I hope this finds you with hot cider and warm muffins nearby.

As I write this, we will be enjoying HCE week. I hope you were able to attend and enjoy the programs.

Our annual Fall Meeting is Wednesday, October 26th. If you have items from last year's meeting, you are welcome to bring them again because they were not taken to state for judging. New items are also welcome. Please call me (Cheryl Sample 765-426-1420) if you have any questions about a category. I am looking forward to seeing your creativity!

### **Community Outreach/Family Issues**

Mary Ann Platt

Once again, we are collecting items for Christmas Care Packages for our deployed military. They will be mailed December 5th. These gifts let our soldiers know that they are not forgotten.

Suggested items: protein bars, cheese and cracker packs, beef slim jims, jerky, individual instant coffee or powdered drink mixes, puzzle books, playing cards, personal care items such as deodorant, toothbrushes, toothpaste, eye drops, lip balm, 5 blade razors, and small American flags. Also accepted are individually wrapped candy, candy canes, Gorilla tape, body wash, shampoo, cotton swabs and alcohol free wet wipes, 2023 calendars, the puzzle inserts included in our local newspapers, and used greeting cards: I delivered 3 large bags of the newspaper inserts last week. These requested items can be delivered to the Extension Office, my home, or Grace United Methodist Church, 901 N. Main, Decatur, between 8:30 and 4 p.m. Monday to Thursday until November 17th. The postage to mail the Christmas boxes is \$20.00.

In August I delivered 97 pillowcases, 17 bonding hearts, and 50 pounds of pop tabs. In October, I delivered 36.2 pounds of pop tabs and 40 pillowcases.

Someone found vintage Ronald McDonald fabric. The residents loved these special pillowcases.

# INDIVIDUAL VOLUNTEER HOURS RECORD SHEET

## IAHCE Individual Volunteer Hour Summary

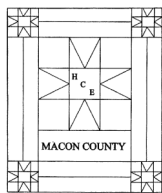
Unit Name \_\_\_\_\_ Member Name \_\_\_\_\_ Year \_\_\_\_\_

Monthly Hours	HCE Hours +	Other Hours	= Total Hours	List Locations Volunteered - PLEASE PRINT
JANUARY				
FEBRUARY				
MARCH				
APRIL				
MAY				
JUNE				
JULY				
AUGUST				
SEPTEMBER				
OCTOBER				
NOVEMBER				
DECEMBER				
<b>TOTALS</b>				<b>The time equation is simple:</b> (activity time) + (travel & preparation time) = # of hours

Total Hours: \_\_\_\_\_ Signature of Unit CVH Chair \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_



Macon County Association for  
Home & Community Education  
3351 N. Pres. Howard Brown Blvd.  
Decatur, Illinois 62521

#### **President**

Bonnie Lanham 2018-2022  
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217-454-8746 (Cell)  
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#### **1st Vice President**

Sandy Severe 2022-2024  
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#### **2nd Vice President**

Lyn Stevens 2022-2024  
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#### **Secretary**

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#### **Treasurer**

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#### **Historian**

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#### **Cultural Enrichment**

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#### **Co-Internationals**

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#### **Webmaster**

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