October-November-December 2016



"Enhancing the lives of individuals and families through quality educational programs and experiences, encouraging responsible leadership and service to the community."

2017 Lessons

The lesson/program choices have been tallied, and we think we have a very good variety for you for next year! We want to thank everyone who took the time to vote for their choices. Some suggestions were included for future programs. One request was for STARR and the other for visiting the Brown Farm. Both of these were lesson choices on the list. The farm tour was very popular and will be in the book. Unfortunately the STARR program didn't even score in the top 20.

Someone else suggested a visit to Greenwood Cemetery. Lynn Dixon took us on a very informative tour in 2015, so it won't be a candidate again for a few years.

We will be asking for suggestions for 2018 next July, so keep us in mind as you hear of things next year. 2018 is our centennial, so we will be celebrating!!



MARGARET LEONARD MEMORIAL SCHOLARSHIP RECIPIENTS

The scholarship committee is proud to announce the recipients of our two \$1,000.00 scholarships for this year. The quality of the applicants was very impressive.

Kyle Mason received one of the Margaret Leonard Memorial Scholarships. Kyle is a dental student at Southern Illinois University – Edwardsville. He is the grandson of Hickory Point unit member Merrill Dees. When Kyle finishes his education, he will join his father and uncle in the Mason Dental Office in Mt. Pulaski.

Kristine Moss received the other Margaret Leonard Memorial Scholarship. Kristine is a biotechnology graduate student at Rush University in Chicago. She is the granddaughter of Pleasant Grove unit member Alice Bray. Kristine plans to work in a fertility clinic when she graduates.

As we have mentioned before, we are able to offer these two scholarships due to the generosity of Margaret Leonard's family. We received a lot of donations from memorial contributions, and the family added the additional money we needed.

Barbara Abbott, Karen Cahill, Emily Chamberlain, Von Gregory, Gigi Langhauser, Carol Ropp



Reservations are needed by October 26th for the Fall Meeting! Please call Pam

Walker at 767-2788 or 972-2524 to reserve your spot for this delicious and interesting time!

Don't forget!! Dues are due by November 1st to either Sandy Severe or Pam Walker. Pennies for Friendship are due to Pam Walker by October 31st.

Upcoming Events

Wednesday, October 26, 2016 RSVP to Pam Walker for Fall Meeting

Tuesday, November 1, 2016 HCE Fall Meeting Set-up 1:00 p.m. Extension Office- Illini Room

Tuesday, November 1, 2016 \$15 HCE Dues are due to Pam Walker 3048 Olympia Dr., Decatur, IL. 62521

Wednesday, November 2, 2016 FALL MEETING Extension Office—Illini Room 9:00 a.m. Registration, 9:30 a.m. Meeting Please bring cultural enrichment items to display.

Thursday, November 3, 2016 RSVP for November Lesson

Tuesday, November 8, 2016 Espresso, Latte, Mocha, Cappuccino—Please Tell Me the Difference! Richland Community College Culinary Department

Monday, November 14, 2016 HCE Board Meeting 1:00 p.m. Extension Office - Clover Room

Thursday and Friday, November 24 & 25, 2016 Extension Office Closed for Thanksgiving

Friday, December 2, 2016 RSVP for December Lesson

Wednesday, December 14, 2016 English/Continental Knitting Presented by Ruth Darelius 9:30 a.m. to 11:00 p.m.

Extension Office - Clover Room

Monday, December 12, 2016 1:00 p.m. HCE Board Meeting Extension Office - Clover Room HCE Board Assemble Unit Books & work on Awards Books Newsletter items due to Linda Austin

Friday, December 24, 2016 - January 1, 2017 Extension Office Closed

Thursday, December 31, 2016 Volunteer Hours due to Mary Ann Platt 3614 Harryland Road, Decatur, IL. 62521

NAME BADGES

Thanks to the hard work of Vi Lanum, Maple Grove member, we have the opportunity to order magnetic name badges (tags). They are very attractive with a purple background and white lettering. They have our Macon County HCE logo, along with your first and last name and HCE unit name. If your unit is interested in ordering these name badges, please have someone be in charge of collecting the names (with correct spelling of course) and \$6.00 for each badge ordered. They have a very strong magnet for attaching to your clothes. They are NOT recommended for anyone with a pacemaker. If you prefer a pin back instead, be sure to let Vi know. These will be great for wearing at our different HCE events, including the spring and fall meetings. Vi's contact information is: vilanum@hotmail.com or 217-553-4042

PILLOWCASE UPDATE

We broke our record for total number of pillowcases made in one day at our last sewing session on September 26. We have an amazing dedicated crew! We were able to complete 61 pillow-cases. They will be distributed as follows:

- 29 to Ronald McDonald House in Springfield
- 26 to Kemmerer Village in Assumption
- 6 to Hopedale Medical Center in Hopedale

If you have any cotton fabric you would like to donate to the cause we can always use kid friendly prints, solids, and florals or other prints that would be good for the senior citizens at Hopedale. Consider joining us at our sewing days next year. We have a good time!

Mark your calendars now for the First Lesson of 2017

Monday, January 23 - SEW PRACTICAL - Come join us as we make three items for your sewing enjoyment and personal use. (Or you could make any of these as gifts.) Bring 2 yards of your favorite fabric, sewing machine, thread and other sewing notions. We will make a "thread catcher" (which is like a mini fabric trash can), a sewing machine apron (which goes under your machine and has pockets to hold some of your favorite notions), and a non-slip sewing machine foot pedal pad. There may be a minimal charge.

Co-President

Karen Cahill and Carol Ropp Autumn is the party dress Mother Nature dons prior to wrapping herself in white blankets for a long winters' nap. We hope you are enjoying this beautiful fall weather while it lasts.

This is such a busy time of year for MCHCE members. We hope many of you enjoyed the various activities offered during HCE Week. A week of FUN! Thank you to everyone who taught a lesson or participated.

Our next big event will be the Fall Meeting. You should have received information about this in the mail. We certainly hope you will be attending this annual event, especially with our new format for the meal and Cultural Enrichment Judging. Our IAHCE president, Jane Chapman, will be attending again this year. We are also looking forward to an interesting talk by Captain Alex Grieves of the Spirit of Peoria riverboat. We will also have Jean Moore from Child 1st speaking to us about that program.

Second Vice President's Report

Sandy Severe

Happy Fall, y'all! Where has the summer gone? It's time to start getting your dues paid. They are due on the first of November. Send your check to Pam Walker or to me, Sandy Severe.

We have HCE week with all of its festivities and the Fall Meeting coming up on November 2. Be sure to call in your reservations. Let's also work to sign up new members before the end of the year. We want to build up those membership numbers. I hope to see you at HCE Week and the Fall Meeting!

International

Emily Chamberlain

Thank you to all who participated in our International Day Program on Wednesday, September 14th. Sixtyeight members from Piatt, Macon, and DeWitt counties took part in our event celebrating the country and women of Ecuador. As usual, all of our members did a spectacular job providing the ethnic recipes for the luncheon. I would especially like to thank Louise Wickline for an informative and interesting presentation from a trip to Ecuador and

the Galapogos Islands, and Peggy Mechling and Diane Dowd for their help behind the scenes.

Next year's International Day, hosted by Piatt County, has tentatively been set for Wednesday, September 20, 2017. We will be "traveling" to the Philippines to celebrate their customs, culture and cuisine. We welcome the ladies of DeWitt County HCE, who will be joining Macon and Piatt to plan a Tri-County International Day program.

Cultural Enrichment

Sally Dennis

You should have received a flier in the mail about the upcoming Fall Meeting Cultural Enrichment Potluck Dinner. Be sure to bring your items for the Cultural Enrichment judging. You may enter as many categories as you wish (one item per category) but only one item per person can go to the State Convention. Several ladies from Piatt County will be judging the entries for first, second, and third place.

Instead of having a catered meal this time, we are going to try something new! The main (meat) dishes need to be prepared and served in a slow cooker or crock pot, and do not have to have apples in them. We DO NEED, however, a recipe with these main meat dishes! <u>All other dishes must have any</u> form of apples in them! Of course, we DO NEED a recipe with these dishes too!!! You can enter as many " apple" dishes as you would like for first, second, and third bragging rights!!!! It is a win-win situation for everyone!!! If by chance, you are unable or wish not to enter a dish, we would appreciate a monetary contribution to help cover the expense of the tableware.

If you have any questions or concerns, please call me at 864-2792. I know that everyone will enjoy our Fall Meeting!!!! Be sure to call Pam Walker at 767-2788 or 972-2524 for your reservation.

Community Outreach

Mary Ann Platt Ladies, please remember to keep track of your volunteer hours. I need to receive the totals by December 31. Please separate them into HCE hours and others. I know that all of you volunteer, so

OFFICERS' REPORTS

PLEASE send me the hours at <u>maryanniea@aol.com</u> or 3614 Harry Land Rd., Decatur, Illinois 62521.

Also, continue to collect pop tabs. I will deliver them to the Ronald McDonald House when I deliver the pillowcases. You can bring them to the Fall Meeting.

I am so pleased to announce that the outreach focus for the upcoming year is preventing child abuse. One of our speakers for our Fall Meeting will be Jean Moore, Executive Director of Child 1st. She will explain her awesome program. You will be amazed. We have collected items for her facility previously. We will do so again for the Fall Meeting. Items that they need include: paper towels, toilet paper, cleaning supplies, wet wipes, granola bars and other snack items, juice boxes, bottles of water, gas cards, Visa gift cards, and 4.7GB DVD-R's. Our 50/50 drawing will also benefit Child 1st.



SCHOLARSHIP RECIPIENTS

The scholarship committee is proud to announce the recipients of two \$500.00 scholarships for this year. Although we had four scholarships to award, we had only two applicants.

Sean Johnson has just begun his college education to attain a degree in mechanical engineering at the University of Illinois. He is the grandson of Maple Grove unit member Pat Bales.

Madison Yates received the other scholarship. Madison is studying radiography at Richland Community College. She is the granddaughter of Mt. Zion unit member Vivian Reynolds.

Both of these students are very deserving. We wish them the best in their future education.

Barbara Abbott, Karen Cahill, Emily Chamberlain, Von Gregory, Gigi Langhauser and Carol Ropp

KRINGLES ARE COMING!

It's that time of year again. Our annual Kringles Sale will be Thursday, November 10, 2016! All proceeds will once again go to the Macon County Honor Guard.

Pre orders are being taken now and are due by Friday, November 5. Pick up is at the Decatur Club from 7:30 a.m. to 11:00 a.m.

Contact Carol Ropp (217-855-3339 or one4thetrees@comcast.net) if you are interested in the



flavors or want to place an order. Donations are also happily accepted.

WHY ARE RIVERS IMPORTANT?

Rivers host a wide assortment of plant and animal life.

English/Continental Knitting Lesson on December 14 from 9:30 a.m. to 11:00 a.m.

You MUST have knowledge of knitting, size 8 or 9 needles and a light colored worsted weight number 4 yarn.

Rivers



are

important for water supplies.

- Rivers offer a variety of recreational activities.
- Rivers are beautiful areas.

-from living-rivers.org

MACON COUNTY UNIT NEWS

Hickory Point Unit

Hickory Point chose to have their meeting with the HCE week activities on October 11, our regular meeting date. The program, "Respect for the Flag" was very appropriate for our times. We are looking forward to getting together next month at Sybil Foster's home. She always decorates for the season and we enjoy seeing her displays.

Louise Wickline, reporting

Oakley Unit

Those members who attended International Day were very pleased with the food and the presentations. The October meeting was held at Sandy Severe's home with Patty presenting the lesson. Most members will be attending the lessons for HCE week and we will be going to the Fall Meeting in November. Our Christmas party will be held at Evergreen Place again this year. Further details will be discussed later.

Sandy Severe, reporting

Maroa Patchwork Unit

The Maroa Patchwork unit met August 16th at the Maroa Library to finish our poster for International Day. We planned to make rice pudding for our sample food to go along with our poster. Our next meeting will be September 20th at 5:30 p.m. at Crawford's Pizza in Maroa. We will meet again the third week in October at Crawford's Pizza in Maroa at 5:30.

Cindy Hoffman, reporting

Mt. Zion Unit

Our September meeting was held on September 29th at Carol Flitz's home. There were 13 members present, and we all enjoyed a delicious salad luncheon. Our newest member, Elaine Riley, was introduced as well as Carol Ropp from the Maple Grove unit.

We began with the pledge and the homemaker's aim. Our roll call answer was to be our favorite breakfast. Our business meeting followed. Carol Ropp gave the board report mentioning the pillowcase project, scholarships, discontinuing the band night food sales and the cancellation of the Starved Rock trip.

Carol Flitz said we would be needing a nomination committee for the office of president and secretary. We made plans for the October, November and December meetings. Everyone reported that the trip to Kemmerer Village was very enjoyable. Our due are due in November. Carol Flitz gave our lesson on super foods, which was very interesting.

Our next meeting will be October 26th starting at the Crawford's in Moweaqua, then to Von Gregory's home.

Vicky Wooten, reporting

Maple Grove Unit

We had a short meeting after the Kemmerer Village tour. We discussed the upcoming events for the rest of this year. We will not have an October or November meeting. The Christmas luncheon and gift exchange will be our next meeting, which will be held on December 6th.

Mary Kay Ennis, reporting



Macon County HCE Board Meeting August 8, 2016

The meeting was called to order at 1:05 pm by Carol Ropp and Karen Cahill followed by the Pledge of Allegiance and Homemakers' Aim. Karen gave the thought for the day and roll was taken. There were 8 units represented with 17 in attendance.

The minutes of the last meeting were read. Mary Kay Ennis moved and Mary Ann Platt seconded that they be accepted as corrected.

The treasurer's report was read and filed for audit. Ann Adkesson and Sandy Severe presented bills for Christmas in July. Carol Ropp and Karen Cahill turned in money received.

Correspondence: Thank you notes from 4-H members for their awards were shared.

Officers' Reports:

Co-presidents: Karen Cahill and Carol Ropp had visited Mindy Peterson-Lindsey at the Hopedale Medical Complex and were very impressed with the facilities and the job that Mindy is doing. They gave her 8 pillowcases from our group.

Co-Vice Presidents: Anna Belle Farrell and Linda Hooge reminded us of the pillowcase sewing day on September 26 and the Museum tour next week.

2nd Vice President: Sandy Severe said the Christmas in July party was very successful, and five new members joined. We now have a total of 115 members.

Community Outreach and Volunteer Hours: chairman Mary Ann Platt reported that 42 pillowcases and 30 lb. of pop tabs had been delivered to Ronald McDonald House. A total of 106 pillowcases and 66 lb. of pop tabs have been given this year.

Family Issues: Mary Kay Ennis said 6 members had been present at the Flag Retirement Ceremony in Mt. Zion.

Cultural Enrichment: Sally Dennis encouraged members to Respectfully submitted, complete their crafts projects

for the fall meeting. Those will be judged and eight will be sent to the conference. The fall meeting menu will consist of apple themed items made by members.

Historian: Lois Miller was absent.

International: Chairman Emily Chamberlain reported that most units had reported what topic they would present. She had received lists of food to be prepared.

Public Relations: Chairman Ann Adkesson reminded members that reports are due for the news letter.

Program Coordinator: Karyn Traum passed out flyers for the October 20 bus trip to Starved Rock and Utica. The bus will load in Clinton at 9 am. The cost is \$75. Reservations are required by October 5. Karyn announced that she will be leaving for a new job at the end of the month. We will miss Karyn but wish her the best.

Unfinished/Old Business: Senior Center Coloring Days dates and leaders are August 15- Linda Hooge and Mary Ann Platt, September 19- Karen Halicki, The October 17 date will be filled later. District meeting will be August 10 at Southern View Chapel in Springfield. We will meet at 8am at the Decatur Conference center to carpool. We will not sponsor bake sales for the Municipal Band concerts next year. The Scholarship committee will be meeting to select recipients of this year's scholarships and the amounts. The members who had attended the NVON meeting found it very interesting and enjoyable. There were 140 fellow HCE members from 8 states there. Linda Hooge moved and Ann Adkesson seconded that we donate \$50 to the Northfork Museum on the day of our tour. Motion passed.

New Business: A parking place for members attending the Equine Therapy Lesson at Kemmerer Village will be arranged. Hosts and lunch responsibilities for HCE week were chosen. A flyer for HCE week will be sent out. There were several suggestions given for a one day trip. The 4-H Christmas Craft day will be on November 5, 9:30 to 11:30 am. The leaders and their crafts are Sharon Middleton ceramic coaster, Karen Halicki – spider decoration, Mary Ann Platt – YoYo trees, Carol Ropp – Pint jars, Karen Cahill – popsicle decoration. Karen Cahill reminded that some officers will have to be chosen in the fall, and we should be thinking of that. Bylaw changes may be considered to change certain committee positions. Doug Harlan, County Director, came in for a visit and conversation.

The meeting was adjourned at 3:50 pm.

Louise Wickline



SEPTEMBER MINUTES

Macon County HCE Board Meeting September 12, 2016

The meeting was called to order at 1:10pm by Co-Presidents Karen Cahill and Carol Ropp followed by the Pledge of Allegiance and Homemakers' Aim. Carol shared a funny story. There were 5 units represented and 13 present.

The minutes of the last meeting were read. Mary Ann Platt moved and Linda Hooge seconded that they be approved as corrected. The treasurer's report was filed for audit. Bills were presented by Karen Cahill and Carol Ropp. A card will be sent to Karen Traum to wish her well in her new job.

Officers' Reports:

Co-President: Karen Cahill reported that support fund money from IAHCE for the Bread Monk program will not be used. Karen and Carol had been asked to mention Local Eat Healthy projects and suggested pictures of canning, farmers' markets, or gardens. Minor lesson reports could be used in scrapbooks.

Co-1st Vice Presidents: Linda Hooge and Anna Belle Farrell listed future lessons. The Bloomington trip will be October 14. It will include the Garlic Press, Alpaca Farm, and McLean County Museum.

2nd Vice President: Sandy Severe - Absent

Community Outreach and Volunteer Hours: Chairman Mary Ann Platt said the new outreach focus is Child Abuse. She has asked Jean Moore to be our speaker for the fall conference. Captain Alex of the Spirit of Peoria boat will also be with us.

Family Issues: Chairman Mary Kay Ennis said that this area will be combined with Outreach, and she will help Mary Ann with her projects.

Cultural Enrichment: Chairman Sally Dennis said a new organization list for craft projects will be sent out.

Historian: Lois Miller is continuing to look into changing photos into DVD's.

International Chairman: Emily Chamberlain asked for volunteers for International Day which will be this Wednesday. 50-50 tickets: Sally Dennis and Anna Belle Farrell, Registration: Mary Kay Ennis and Linda Austin, Drinks: Carol Ropp, Prayer: Carol Bork. About 55 reservations have been made.

Public Relations: Linda Austin will be serving as chairman since Ann Adkesson has moved. She asked members to save newspaper articles of activities.

Unfinished Old Business: Future Senior Coloring Days and chairmen are September 19-Karen Halicki and October 17- Linda Hooge. The Scholarship Committee has presented the following: Margaret Leonard grants to Kristine Moss and Kyle Mason (\$1000 each), \$500 awards to Madison Gates and Sean Johnson. Pillowcase sewing day will be September 26. Attendees will bring ingredients for the salad luncheon. The tour of the Northfork Museum was very interesting and well received.

New Business: The Kemmerer Village Equine Therapy lesson will be September 22. Members may meet at the Elwin Methodist Church at 8:45 am to share rides. 4-H Craft day is on November 5 from 9 am to 3 pm. Crafts will

be offered from 9:30 to 11:30 am. Cookie baking will be in the afternoon. HCE Week activities have been delegated. Linda Hooge and Lois Miller will organize the chicken salad luncheon on Thursday. Tri- County Meeting will be on October 3 at the DeWitt County Extension Office at 9:30 am.

The meeting was adjourned at 3:20 pm.

Respectfully submitted, Louise Wickline

Grape Salad

1 bunch red seedless grapes/1 bunch white seedless grapes

- 1 8 oz. pkg. cream cheese
- 1 8 oz. container sour cream
- 1/2 cup sugar 1 tsp. vanilla Dash of almond extract



- Cream together cream cheese, sour cream, sugar, vanilla and almond extract.
- Add mixture to grapes and stir.
- Mix 3/4 cup brown sugar and 1/4 cup chopped pecans, sprinkle on top of salad.



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