

Outdoor Grilling Lesson Anna Belle Farrell & Janet Winter

Mother Nature made a change in the planned Outdoor Grilling lesson on June 10th. Caitlin Huth.



who presented the lesson, proceeded to switch to Indoor Broiling on a rainy day. Thirty ladies got to sample broiled cherry tomatoes and pineapple chunks with cinnamon on them. She told us that grilling added unique flavor to foods, is a quick cooking method, and an open grill allows the fat to drip

away. There are three kinds of grills: charcoal, gas and electric. An advantage for the charcoal is great flavor; gas is easy to light and turn off and electric is a grill that you can use indoors or outdoors. A disadvantage for the charcoal is that it takes time to get hot; with gas, you have to refill the propane, and the electric grill has to be near an electric outlet.

Other tips were: you should use a wire brush, a scraper and an onion to clean the grates. This lesson showed us how to use the grill from prepping to storing the grill away. We got tips about grilling foods like beef, poultry, fish, fruit and vegetables. We received nine recipes to use when grilling these foods. When you grill burgers, put a dimple in the middle to prevent puffing up. Boil poultry for twenty minutes and then grill. You can use foil packets for fish, fruits, and vegetables. Cooking temperatures are 145

degrees for whole cuts of fish, beef, veal, lamb or pork. Use 160 degrees for ground beef, veal, lamb or pork. All poultry, including ground turkey and chicken should be cooked to 165 degrees. For food safety, put leftovers in the refrigerator within two hours if it's about 78 degrees. For warmer temperatures, closer to 90 degrees, put leftovers in the refrigerator within one hour.



Basket Weaving Class

Medium Candy Corn Basket \$18.00 Thursday, October 16th from 1 p.m.-3 p.m.

So fun to weave for Autumn! This is great for any level of weaver. It is woven on an 8" x 12" custom made handle. The accent colors are orange and yellow. You will leave with your basket unstained. However, finishing techniques will be discussed.

Call University of Illinois Extension to register at 217.877.6042. There is a minimum of 6 and a maximum of 12 participants allowed for this class. Payment reserves your spot for this class. All reservations are due by Thursday, October 9, 2014 at 12:00pm.

Upcoming Events

<u>September</u>

Monday, September 1, 2014 Extension Office Closed

Friday, September 5, 2014 RSVP to Macon County Extension Office for the September Lesson.

Monday, September 8, 2014 9:30 a.m. HCE Board Extension Office Clover Room

Tuesday, September 9, 2014 Lesson - Trees, They are All Around Us Presented by Carol Ropp 9:30 a.m. to 11:00 a.m. Located at Elwin Tree Farm 3620 South Taylor Road

Friday, September 12, 2014 RSVP to Macon County Extension for International Day.

Wednesday, September 17, 2014 Set-up for International Day 3:00 p.m.

Thursday, September 18, 2014 International Day Event 11:00 a.m. to 2:00 p.m. Macon County Extension Office Illini Room and Clover Rooms Event Contact—Emily Chamberlain

<u>October</u>

Monday, October 6, 2014 Tri-County Meeting DeWitt County Extension Office 9:30 a.m. to 1:00 p.m.

Friday, October 10, 2014 RSVP for ALL HCE Week Activities

Monday, October 13, 2014 9:30 a.m. HCE Board Extension Office—Clover Room

Monday, October 13, 2014 Newsletter information to Linda Austin.

October 13 thru October 17, 2014 HCE Week

Friday, October 17, 2014 Deadline for Fall Meeting RSVP's to Pam Walker

Friday, October 17, 2014 Tanner's Apple Orchard Leave Macon Extension Office at 9:00 a.m. Lunch will be paid by individual member. Cost of trip TBA.

Tuesday, October 28, 2014 HCE Fall Meeting set-up 3:00 p.m. Extension Office - Illini Room

Wednesday, October 29, 2014 Fall Meeting Extension Office—Illini Room RSVP's go to Pam Walker by October 17, 2014 w \$12 for meal 9:00 a.m. Registration, 9:30 a.m. Meeting Please bring cultural enrichment items to display that day.

Congratulations!!!!!

MCHCE was recently awarded the Foundation of Excellence Award at the July 24, 2014 presentation at the Avon Theatre. This award was given by the Macon County 4-H and Extension Foundation. Elizabeth Keith was also inducted into the Hall of Fame. Congratulations to Elizabeth and everyone who is involved in MCHCE! This is quite an honor!!

> Celebration at Avon Theater Macon County HCE

> > Help!

Help!!! Please bring your used greeting cards to the Extension Office as soon as possible. We are in need of these cards for one of our craft projects during HCE Week in October. We would like to have the whole card this time, not just the fronts. Thank you for your help!

Karen Cahill

UNIT NEWS



Reminder!!!! Register by the required date for classes or meals. It would also be very helpful to call and cancel if you have signed up for a class or meal and find that you cannot

attend. This helps with the cost of the printed materials as well as the food. Thank you!

RSVP for International Day on Friday, September 12, 2014. Thus far, we have not had many responses about food that is to be brought. Please call Emily Chamberlain at 433-4962 right away. She needs time to prepare the recipe display cards for each dish. Thank you!!

Kringles are Coming!

Where and When: November 6, 2014

7:30-11:00, Decatur Club

Flavors: Almond, apricot, apple-cinnamon, bavarian cream, cran-nut, cherry, chocolate éclair, heath, macadamia nut, maple walnut, pecan, praline pecan, sea salt and caramel, strawberry, strawberry cheesecake, and turtle. Cost: \$11.00 each, must be pre-paid and preordered. Contact Gini Smith or Carol Ropp to order or order forms are available after September 1st in the foyer of Imboden Creek Gardens Assisted Living Center. That is the big two story residence on the south side of Imboden Drive. Selfaddressed envelopes will be there for the orders. Checks should be made out to the Macon County Honor Guard. The proceeds will go directly to them. Thank you for your support!!!



Fall Meeting 50/50 Drawing

We are pleased to have the proceeds from the 50/50 drawing at this year's

Fall Meeting go to the Honor Guard. As you must already know, these gentlemen conduct the ceremonies at the veterans' funerals. They will use our donation for transportation costs, and upkeep or replacement of their equipment. We are proud to be able to help support them!



Scholarship Winners

The scholarship committee is pleased to announce the winners of the four \$500.00 scholarships for this year. Daniel Kershaw is a grandson of Joan Grider from the Hickory Point Unit. Daniel is attending the Indiana Institution of Technology to be a mechanical engineer. Kristine Moss is the granddaughter of Alice Bray from the Pleasant Grove Unit. Kristine is attending the U of I-Champaign-Urbana to study animal sciences and plans to be a veterinarian. Erica Whalen is a granddaughter of Pam Walker from the Maple Grove Unit. Erika is attending McHenry County College and plans to attain an Associate of Science degree and will go on to become a speech pathologist. Caitlin Whaley is the granddaughter of Virginia Spencer of the Hickory Point Unit. Caitlin is attending SIU at Edwardsville to study nursing and plans to become a pediatric nurse. We congratulate these students as well as their grandmothers for their efforts!

HCE WEEK,

Join us for another big HCE week coming up the week of October 13 -17, 2014. Many things are being planned for you, lessons, tours, cookie and candy exchange, craft make-it-take-its, basket making, and more. Again, <u>you must pre-register</u> for these events!

> Tuesday, October 14, 2014 Lesson: Jo-Ann Fabric Store Tour 10:00 a.m. to 11:00 a.m. Meet at Jo-Ann Fabric 4298 N. Prospect Drive

> > *Lunch on your own. 11:00 a.m. to 12:45 p.m.

Tuesday, October 14, 2014 HCE Week Lesson Lesson: Agri-Tourism in Central Illinois 1:30 p.m. to 2:30 p.m. Presented by Doug Gucker

Wednesday, October 15, 2014 St. Mary's Hospital Tour & Lesson

Presented by St. Mary's Hospital 9:30 a.m. to 11:00 a.m. Please meet at St. Mary's Hospital at the Main Entrance

Wednesday, October 15, 2014 HCE Week Luncheon BBQ Lunch 11:45 a.m. to 12:30 p.m.

\$5.00 per person Please make sure to RSVP

Wednesday, October 15, 2014 Lesson: Cookie & Candy Exchange 1:00 p.m. Clover Room Thursday, October 16, 2014 Lesson: Make-It and Take-It Craft Morning 9:30 a.m. to 12:00 p.m. See enclosed flier for details.

Thursday, October 16, 2014 Lunch 12:00 p.m. Pizza Lunch \$5.00 per person Please RSVP for lunch when calling in reservations.

Thursday, October 16, 2014 Basket Making-Create a Candy Corn Basket Presented by Bonnie's Basket 1:00 p.m. to 4:00 p.m. Cost \$18 per person. Includes all materials to complete the basket. A limit of 12 for this class.

Please remember to **RSVP** for lessons and we hope to see you there!

Friday, October 17, 2014 Tanner's Apple Orchard

Join us for the Tanner's Apple Orchard. Leaving from the Macon Extension Office at 9:00 a.m. Each individual is responsible for their own lunch. Cost of trip to be announced.



Please remember to RSVP for lessons and we hope to see you there and bring a guest!

OFFICERS' REPORTS

President

Sharon Middleton

I just left the lesson "Creating Recipes from Your Garden", led by Mindy Peterson and Jennifer Nelson. Even though I don't have a garden, I still like the lessons given, especially by these ladies. Well, Mindy must have known that I was coming and fixed three dishes which included things that I don't likeonions, beets, and cooked carrots! I tried each of the recipes—and for one who hates the thought of beets, the cabbage slaw with the beets was pretty good!! Cooked carrots with apples.....really? Again, with the sauce having orange juice in it, the apples were good, and even the carrots tasted wonderful! And then....onions!! My mom has onions in most things—cut-up fine is okay, but whole onions that were sliced and sautéed is another thing! Along with the other ingredients, the onion casserole was really delicious—onions and all!!! It was a great lesson. Mindy cooked items that I never would have tried. Jennifer answered questions for the gardeners in the group and gave them tips. Thank you, Mindy and Jennifer, for having another great lesson for HCE!

It has been a rather slow month, especially after last months' trip to Arizona and back. I did go to the NVON (National Volunteer Outreach Network) conference that was held in Indianapolis this year. I had a great time, visited people whom I had met from the last two conferences, and made some new friends this year. We had lessons and an annual meeting that lasted two different mornings, plus some tours. This organization is one that you all belong to besides HCE. Illinois is one of eight states-Arkansas, Illinois, Indiana, Kentucky, North and South Carolina, West Virginia, and Wisconsin, represented in this group. NVON belongs to County Women of the World (CWC) who belongs to the worldwide organization, Associated Country Women of the World (ACWW) where all of our pennies go to. We collect money for water projects and much more. To learn more, be sure that you attend our International Day, September 18, 2014. Our country of the year, Germany, will be studied through the posters, food and speakers. Be sure to RSVP so there will be

enough food for all those who attend. Contact Emily Chamberlain, International Chairman, if you have any questions.

Family Issues Gini Smith

It's that time again when you start seeing backpacks, pens, pencils and the rest of those school supplies that appear in stores. Where did summer go? Along with the "going back to school" items, we have PRODUCE FOR SALE signs everywhere! You may have a green thumb and have some extra veggies to use up, so this month I decided to find a healthy recipe that maybe useful, healthy, and quick. If you like it, please save some for me! Happy baking!

Baked Parmesan Tomatoes

Source: Eating Well, August/September 2006 4 servings: Prep time 5 minutes 4 tomatoes, halved horizontally 1/4 cup freshly grated parmesan cheese, 1 tsp. chopped fresh oregano 1/4 tsp. salt fresh ground pepper to taste 4 tsp extra virgin olive oil

Preparation: Preheat oven to 450°. Place tomatoes cut-up side on a baking sheet. Top with Parmesan, oregano, salt and pepper. Drizzle with oil and bake until the tomatoes are tender about 15 minutes. Enjoy!

Sandy Severe

HCE would like to welcome Sharon Cunningham to the Maple Grove Unit. We set up a membership table in the park for the July and August band concerts, hoping to stir more interest. We now have 124 members and we are hoping that the next few months will bring us some new members. Ladies, let's all do our part to make that happen!

OFFICERS' REPORTS

Co 1st Vice Presidents

Anna Bell Farrell and Janet Winter

For the July 8 lesson, "Trends and Decorating", ten HCE members met at the Haines & Essick store. Vicki McGorray, host, divided the group in two and set each to work redecorating the store's two mantles, offering use of any of the in-store stock to do so.

Ms. McGorray offered these tips for creating pleasing arrangements: Don't crowd the arrangement – more is not better

- Stand back to appraise your arrangement, then "edit" it, removing or rearranging items as necessary
- Articles grouped in threes are pleasing to the eye
- Placement need not be symmetrical
- Random placement of paired objects could add more interest
- Collections of like colors and shades or textures need a larger space, four feet or wider
- Top a stack of books with an ornamental apple, a colorful vase or picture to fill a void or add a splash of color
- Avoid overloading shelves or tables with picture frames – create a photo gallery on a hallway wall for all to enjoy
- The list of decorating trends is endless, with ample availability of materials and designs, if one chooses to keep up with the trends - or maybe set a new trend.

While we were all diligently working away, the head of Haines & Essick food and cooking department (a Richland College Culinary School grad) was busy making chocolate scones, as well as spaghetti and meatballs in an avocado sauce for us to sample. Ms. Reynolds received a big "thumbs up" from the group for the sample and her efforts. The store has stocked jars of the avocado– tomato sauce for purchase.

Update on Crosby....

I thought that everyone would like to know how Crosby has been doing after his liver transplant. As of Monday, August 11, only two months after the transplant, he was doing great! He is growing, walking around everything, and he goes right up a flight of stairs quicker than we can chase him. We had to get a gate to keep him downstairs. He is happy all of the time. He very rarely sheds a tear, and that's only when we won't let him do something.

We did have a set-back on Thursday. He had a small temperature and Gina is instructed to always call the Transplant Team, even for the small things. He had to go to the hospital to have it checked and several hours later, he was taken to St. Louis to be checked more thoroughly. He is doing fine, but got some bacteria in his port. These are tubes outside that are connected to a vein to easily get blood work done without poking him so much in his little veins. He is getting antibodies to take care of the infection. It is best to get these things taken care of early. He should be home by Sunday and be fine.

Thank you to all that have helped in any way. He's a precious little boy, but maybe that is a Grandma talking!

Visit http://www.cotaforcrosbyh.com/

Don't forget Fall Meeting Wednesday, October 29, 2014 RSVP's go to Pam Walker by October 17, 2014 Please bring cultural enrichment items to display that day.

OFFICERS' REPORTS

Cultural Enrichment

Barb Reed

I hope you all had a great summer. We're getting ready for our Fall Meeting. It's at that time that we will want to bring our crafts for the "Cultural Arts Show" to be voted on for the 2015 State Conference. I will go to the District Meeting on August 20th and I will find out if there are any last minute changes. I will get the word out through your unit Presidents. Thank you all for your beautiful crafts and talents that you contribute to HCE.

Cultural Arts Show categories – 2014

- 100 Artwork (Charcoal, Oil, Acrylic, or watercolor)
- 200 Baby Quilts
- 300 Counted Cross Stitch
- 400 Crafts
- 500 Crochet Afghans
- 600 Crochet Other
- 700 Hand Embroidery
- 800 Hand Quilted Quilts
- 900 Heritage Needlework (Silk Ribbon, Hardanger, Tatting, etc.)
- 1000 Jewelry (Handmade)
- 1100 Knit Afghans
- 1200 Knit Other
- 1300 Machine Embroidery
- 1400 Machine Quilted Quilts
- 1500 Nature Items (anything made of natural things, wheat, corn husk, etc.)
- 1600 Photography
- 1700 Recycled
- 1800 Rugs
- 1900 Scrap booking (4 pages total, front and back, in two plastic sleeves)
- 2000 Table Runners

- 2100 Wearable Art (any technique applied to purchased or self made item)
- 2200 Wall Hangings
- 2300 Wood
- 2400 Current Annual Conference Theme

Community Outreach

Karen Cahill

I hope that you have been enjoying this cooler than usual summer. Our Community Outreach continues with the Ronald McDonald House in Springfield. Sharon Middleton was our representative worker at their booth during the Decatur Celebration. Thanks so much, Sharon! We continue to collect pop tabs and ink cartridges for the Home. A collection box is at the Extension Office and there will also be one available at the Fall Meeting so you can bring your empty cartridges then. Wednesday, November 5 is our scheduled date to begin serving lunches in the new kitchen. We are looking forward to it! We had voted to have a "drive" for the new kitchen, but due to the way the House Directors have it set up on the Internet, we will be taking monetary donations for them instead of having our members purchase specific items. I will then try to purchase some of the items that they are requesting. Bring your donations to the Fall Meeting, or mail a check to me. Maybe your unit would like to contribute.

NOTE: Remember to keep track of your volunteer hours. The end of the year will be here before we know it.



Fall is Just Around the Corner

MACON COUNTY UNIT NEWS

Maple Grove Unit

Maple Grove Unit met at the Raspberry Room for our June meeting. We decided to meet at 10:30. Our meeting was well attended with 13 members. Minutes of our May meeting were read by secretary, Mary Kay Ennis. They were approved as read. Our dues were collected along with the Pennies for Friendship fund. There was a short discussion on a beneficial way to direct some of our money in our account. Gini Smith was going to get further details, and report to us at the next meeting. We had a short discussion on our choice of topics for International Day.

President Carol Ropp passed out several fliers from past lessons, hoping to catch everyone up on the items and information available to us. Carol also reminded us of the July and August Municipal Band concerts, when HCE will be in charge of concessions. She mentioned that setting up the stand is when most of the help is needed. The setup time is 6:00 on July 14 and August 11. On August 11, there is a program planning meeting for next year. All are welcome to attend, but Carol mentioned that, if you have an idea for a lesson, please also have an idea of who would present it.

Our next meeting will be July 24th at La Tea Da Tearoom in Clinton. Members who are interested in shopping before the meeting, and would like to carpool, should meet at Sam's parking lot at 9:30. If not carpooling, then meet at the tearoom at 11:30 for lunch and our meeting. We will have no meeting in August.

The meeting was adjourned, and lunch was served.

Mary Kay Ennis, reporting

Mt. Zion Unit

Ruth Gibson planned a wonderful outing for the Mt. Zion Unit on July 23, 2014. We first visited the "1912 Barn" located near Niantic, Illinois. This was a classic post and beam structure that was built in 1912 as home to the draft horses that worked the 240 acre farm. Aissa Norris gave us a most interesting history of the barn and then let us

wander around and look in the horse stalls, at the many antique furnishings, quilts, and other original and period pieces in the interior space, and among the fruit trees that she and her husband have planted. They host many family gatherings, social and school groups, wedding rehearsal dinners, and have several weddings scheduled for this year.

We then headed to Springfield to visit the HyVee Food Store. The store is huge and is divided into sections for each type of food group. We all visited the many offerings in the Food Court area, and it was very hard to decide what to have for lunch! Most of us chose to fill our plates from the huge salad bar. One could spend at least half a day in this store, and it was well worth the drive! From there, we headed out for a bit of shopping at White Oaks Mall and in the surrounding shopping areas.

Von Gregory, reporting

Oakley Unit

In June, our unit attended the "Outdoor Grilling" lesson and learned many new tips on grilling. We had lunch at Jan's East End Grill, with a short business meeting and lots of wonderful conversation. Our next meeting will be our picnic at Scovill in July.

In July, the Oakley unit met at Scovill Zoo with a picnic lunch and a visit to the zoo. It was a beautiful day, a shady picnic spot, delicious food, wonderful fellowship and a trip through the zoo! Our next meeting will be August 6th with the lesson "Creating Recipes from Your Garden".

Sandy Severe, reporting

MACON COUNTY UNIT NEWS

Pleasant Grove Unit

We met July 1st at the Royal International Buffet with 13 members present. The secretary, treasurer, and other officer reports were given. Tot and Mary spoke about the Decatur Art council offering 6 weeks of different projects. Mary Shelton showed a husk weaving project and Tot brought an afghan that she had made for her son. Janet reported on the June lesson, "Outdoor Grilling". Reservations for the August 6th lesson were taken. Else Farnham is the hostess for August.

In August, we met on August 5th at Coz's in Mt. Zion with 13 members present. Reports were given and changes were made in some member's addresses. Anna Belle told us of the upcoming events, as well as the results of the Concert in the Park bake sale. We also learned that the bins for used clothing around town are shipped to Michigan, shredded, and used in upholstery for automobiles. Clothes can also be taken to Salvation Army, and Catholic Charities. Children's clothing should only go to Dove's children's clothing room. Elsie spoke about International Day on September 18. Recipes were passed out and members signed up for the dishes that they could cook. Mary Shelton is the hostess for September.

Alice Bray, reporting

Patchwork Unit

The Maroa Patchwork unit met on June 17th at Crawfords Pizza in Maroa. There were 5 members present. Karen Halicki told us about the recent ADM tour that she attended. The group was guided through the old Lakeview High School where ADM has many different offices. Karen also told us about the 6 volunteers who will be teaching sewing to kids in 4H. We were encouraged to provide snacks and baked goods for the "Concert in the Park" on July 14th and August 11th at Central Park in Decatur. Our next meeting will be September 9 at 5:30 at Crawford's Pizza in Maroa. We will be discussing our International project. Germany is our country of study. Anyone

with information or articles from Germany is welcome to join us. Cindy Hoffman, reporting

Rock Springs Unit

The July 9th meeting of the Rock Springs Unit was held outside at the home of Lois Miller. Margaret and Rosemary told us about the very interesting meeting at Haines and Essicks concerning home decorating trends. The Concert in the Park bake sale will be on August 11th at 6:00! We also discussed the International Meeting coming up in September. The recipes for Germany are due by the first of August. Linda Hooge said that the movie about home extension at the Avon was very good. The next meeting will be at the home of Millie Xanders on August 13th.

Lois Miller, reporting

Menu For Fall Meeting

Chicken Salad on croissant Chips Crunchy Slaw Passion Peach Salad Brownie Ice Tea is included



The fee is \$12 and MUST be in to Pam Walker by October 17th. We must have the full count by October 24 and CANNOT add last minute guests. No refunds after October 24th.

JUNE MINUTES

President Sharon Middleton called the meeting to order at 9:40 a.m. Sharon then led us in the pledge to the American flag and homemaker's aim. Seven units were represented with a total in attendance of fifteen.

The minutes of the May meeting were read and corrected. Carol Bork moved and Barb Reed made a second to accept the minutes. The motion passed.

The treasurer's report was submitted by Pam Walker. We will figure out the reimbursements for members who attended the IAHCE State Conference in March. The report was filed for audit.

Officers' Reports:

President: Sharon had correspondence from the Macon County Honor Guard and Ronald McDonald House Charities. The District Workshop will be in Washington, Illinois, Wednesday, Aug. 20th at the same church where it was held last year. We will try to car pool.

1st **Co-Vice President:** Janet Winter talked about the history of the railroad museum in Galesburg.

1st **Co-Vice President:** Anna Belle Farrell talked about the Tri-County meeting held in Monticello Jue 2, 2014. She reported about the history of the church in Galesburg from the April 24th bus trip and about the ADM tour May 15th.

2nd Vice President: Sandy Severe reported that we currently have 123 members. It sounds as though a few more people may be joining soon. She had a table at the Master Gardener's event to help promote interest in HCE.

Community Outreach: Karen Cahill talked about the new ink cartridge recycling program we are starting to help the Ronald McDonald House Charities. It is no cost to us. Just bring your empty printer cartridges to the office and put them in the appropriate box.

Cultural Enrichment: Barb Reed talked about the state newsletter article.

Family Issues: Gini Smith was absent.

Historian: Carol Bork is working on the scrapbooks.

International: Emily Chamberlain reported that people are starting to turn in their ideas for the reports and food items to be shared at International Day.

Public Relations: Linda Austin reminded us that newsletter items are due today.

Program Coordinator: Mindy Peterson-Lindsey reminded us that scholarship applications are due July 1st. Only one has been submitted so far. She thanked everyone for their help with the video program for the 100 years of U of I Extension. There were 118 interviews completed. A showing of the film will be at the Avon Theater on Thursday, July 24th in the evening. She reminded us of the planning meeting in August. We need to have a person in mind to present a lesson if we offer an idea at the planning session. She again reminded us to R.S.V.P. for all lessons. The Tri-County bus trip will be to Starved Rock in the fall of 2015. Mindy asked us to think about a small spring trip for Macon County – possibly using the Show Bus. An idea is to go to Bayern Stube, the German restaurant in Gibson City and/or the Wendell Niepagen Nursery in Bloomington.

Old Business: We will need the following officers for next year: President, Community Outreach, Family Issues, Treasurer and Cultural Enrichment. Committee chairmen are needed for the summer band concert bake sales. Barb Reed volunteered to chair the July14th sale. The August 11th lunch before the planning meeting will be something we prepared from the IAHCE cookbook. Bring your idea of what you plan to cook to the next board meeting. Sewing classes to help 4-H members learn to sew will be held June 24th, 26th and July 1st. Six of our ladies will be teachers.

Carol Bork moved and Sandi Severe made a second to adjourn at 10:50.

Respectfully Submitted, Karen Cahill/Carol Ropp

JULY MINUTES

President Sharon Middleton called the meeting to order at 9:40 a.m. She then led us in the pledge to the American flag and homemaker's aim. Seven units were represented with a total attendance of 11.

The minutes of the June meeting were read and corrected. Barb Reed moved and Emily Chamberlain made a second to accept the minutes. The motion passed.

The treasurer's report was submitted by Pam Walker. Karen Cahill moved and Gini Smith made a second to approve payment of the submitted bills. The report was filed for audit.

Officers' Reports:

President: Sharon Middleton had a letter from President Daughhetee about our county memberships. Sharon also read some other information about upcoming events. She reminded us that we have a bake sale this evening.

1st Co-Vice President: Janet Winter was absent. **1st Co-Vice President:** Anna Belle Farrell gave a report about last week's lesson at Haines and Essick. She reminded us of the lesson on Recipes from Your Garden by Mindy Peterson-Lindsey and Jennifer Nelson which will be August 6th.

2nd Vice President: Sandy Severe reported that we currently have 125 members.

Community Outreach: Karen Cahill delivered 6 boxes and bags of donations to Macon Resources. She reminded *us* that we may donate our used printer cartridges for the Ronald McDonald House Charities. Thanks to Gini Smith we are now receiving tabs from Macon County Senior Center and DOVE. Brian Replogle from the Springfield Ronald McDonald House has asked us for volunteers to work at their booth at the Decatur Celebration. Karen had the different times and some members volunteered. We are to ask our units if anyone would be available. In October we will be allowed to start scheduling lunches again. We discussed an October 8th lunch.

Cultural Enrichment: Barb Reed will find out new ideas for her office at the district meeting.

Family Issues: Gini Smith told us about some upcoming events about healthy eating programs at Kirby Hospital in Champaign and Dr. John Warner Hospital in Clinton.

Historian: Carol Bork was absent, but Sandy Severe had pictures from Carol about the sewing classes Karen Cahill, Sharon Middleton and Carol Bork taught 4-H members.

International: Emily Chamberlain reported that our speakers are all set to come to our International Day. She is

concerned about food donations. There were several more members who offered to bring items. Emily also asked us what categories we have chosen to present.

Public Relations: Linda Austin showed us her copy of THRIVE magazine which had the information about the bake sale tonight, but it didn't tell where it is or who we are. She will make it a point to follow up on it next time.

Program Coordinator: Mindy Peterson-Lindsey reminded us to bring ideas to the program planning meeting August 11th. She suggested that maybe we could propose another summer program for 4-H in 2015. Mindy and Jennifer are planning to use recipes from old cookbooks from different counties when they present their lesson to us August 6th. Mindy reminded us of the "My World" - 100-years in Extension film at the Avon Theater July 24th. We will be given an award from the University of Illinois Extension Office for our service to our community. She urged us to attend and to get many of our members there.

Unfinished Business: Sharon asked who will be attending the IAHCE District Workshop August 20th in Washington at Crossroads United Methodist Church so that we can send in our reservations. Marilynn Daughhetee will be our speaker for our fall meeting. She will tell about her trip to India and will also install the new officers. Margaret Leonard discussed the officers her nominating committee needs to fill for 2015. The openings are President, Community Outreach, Cultural Enrichment, Treasurer and Family Issues. We discussed some members who might be approached. We then discussed HCE Week. Thursday, Oct. 16th will be a Make It and Take It program. We have two projects planned. We need three or four more to do. We discussed whether the expenses should be paid by HCE. Anna Belle Farrell moved and Barb Reed made a second to use our funds to cover expenses. The motion was approved. Barb Reed is in charge of the bake sale tonight. Sharon announced that there will be more copies of cookbooks published.

Sandy Severe moved and Karen Cahill made a second to adjourn at 11 :20.

Respectfully Submitted, Carol Ropp



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Co-1st Vice President

AnnaBelle Farrell Pleasant Grove Unit 565 Benton Dr. Mt. Zion, IL. 62549 864-2906 Home

Co-1st Vice President

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2nd Vice President

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